



<b>MGM's INSTITUTE OF PHYSIOTHERAPY AURANGABAD</b>	Doc No.	DC/MGMIOP/ML P/IQAC/005
	Issue No.	1
<b>Monthly lesson plan</b>	Rev. No.	
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**Subject: Fundamentals of KS & KT, 1<sup>st</sup> Year BPTth  
For the Month of: May 2023**

Sr. No	Date	Day	Topic	Staff	Time	Lectures	
1.	02-05-2023	Tuesday	Aerobic conditioning	Dr Mrugnayani	03-04 pm	1	
2.	03-05-2023	Wednesday	Aerobic conditioning	Dr Mrugnayani	10-11 am	1	
3.	04-05-2023	Thursday	Aerobic conditioning	Dr Mrugnayani	12-01 pm	1	
4.	04-05-2023	Thursday	Aerobic conditioning	Dr Mrugnayani	02-03 pm	1	
5.	05-05-2023	Friday	Aerobic conditioning	Dr Mrugnayani	10-11 am	1	
6.	06-05-2023	Saturday	Aerobic conditioning	Dr Mrugnayani	09-10 am	1	
7.	08-05-2023	Monday	Aerobic conditioning	Dr Mrugnayani	02-03 pm	1	
8.	09-05-2023	Tuesday	Goniometry (UL)	Dr.Doss	03-04 pm	1	
9.	10-05-2023	Wednesday	Goniometry (UL)	Dr Doss	10-11 am	1	
10.	11-05-2023	Thursday	Goniometry (UL)	Dr Doss	12-01 pm	1	
11.	11-05-2023	Thursday	Relaxation	Dr Mansoor	02-03 pm	1	
12.	12-05-2023	Friday	Relaxation	Dr Mansoor	10-11 am	1	
13.	13-05-2023	Saturday	Summer vacation		09-10 am	0	
14.	15-05-2023	Monday				02-03 pm	0
15.	16-05-2023	Tuesday				03-04 pm	0
16.	17-05-2023	Wednesday				10-11 am	0
17.	18-05-2023	Thursday				12-01 pm	0
18.	18-05-2023	Thursday				02-03 pm	0
19.	19-05-2023	Friday				10-11 am	0
20.	20-05-2023	Saturday				09-10 am	0
21.	22-05-2023	Monday				02-03 pm	0
22.	23-05-2023	Tuesday				03-04 pm	0
23.	24-05-2023	Wednesday				10-11 am	0
24.	25-05-2023	Thursday	Relaxation	Dr Mansoor	12-01 pm	1	
25.	25-05-2023	Thursday	Relaxation	Dr Mansoor	02-03 pm	1	
26.	26-05-2023	Friday	Relaxation	Dr Mansoor	10-11 am	1	
27.	27-05-2023	Saturday	Relaxation	Dr Mansoor	09-10 am	1	
28.	29-05-2023	Monday	Relaxation	Dr Mansoor	02-03 pm	1	
<b>Allotted Lectures</b>							
	Dr Mrugnayani	07	Theory :05	Practical: 02			
	Dr Doss	03	Theory: 00	Practical: 03			
	Dr Mansoor	07	Theory: 03	Practical: 04			
	Total	17					

SUBJECT INCHARGE

*[Signature]*  
29-04-23

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**MGM's INSTITUTE OF PHYSIOTHERAPY  
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**Subject: Fundamentals of KS & KT, 1<sup>st</sup> Year BPTd  
For the Month of: **APRIL 2023****

Sr. No	Date	Day	Topic	Staff	Time	Lectures
1.	03-04-2023	Monday	Vital Parameters (Revision)	Dr. Vaibhav	02-03 pm	1
2.	04-04-2023	Tuesday	Classification of Movements	Dr Mrugnayani	03-04 pm	1
3.	05-04-2023	Wednesday	Classification of Movements	Dr Mrugnayani	10-11 am	1
4.	06-04-2023	Thursday	Goniometry (UL)	Dr Doss	12-01 pm	1
5.	06-04-2023	Thursday	Goniometry (UL)	Dr Doss	02-03 pm	1
6.	07-04-2023	Friday	Goniometry (UL)	Dr Doss	10-11 am	1
7.	08-04-2023	Saturday	Goniometry (UL)	Dr Doss	09-10 am	1
8.	10-04-2023	Monday	Goniometry (UL)	Dr Doss	02-03 pm	1
9.	11-04-2023	Tuesday	Goniometry (UL)	Dr Doss	03-04 pm	1
10.	12-04-2023	Wednesday	Goniometry (UL)	Dr Doss	10-11 am	1
11.	13-04-2023	Thursday	Goniometry (UL)	Dr Doss	12-01 pm	1
12.	13-04-2023	Thursday	Goniometry (UL)	Dr Doss	02-03 pm	1
13.	15-04-2023	Saturday	Goniometry (UL)	Dr Doss	09-10 am	1
14.	17-04-2023	Monday	Goniometry (UL)	Dr Doss	02-03 pm	1
15.	18-04-2023	Tuesday	Goniometry (UL)	Dr Doss	03-04 pm	1
16.	19-04-2023	Wednesday	Classification of Movements	Dr Mrugnayani	10-11 am	1
17.	20-04-2023	Thursday	Classification of Movements	Dr Mrugnayani	12-01 pm	1
18.	20-04-2023	Thursday	Classification of Movements	Dr Mrugnayani	02-03 pm	1
19.	21-04-2023	Friday	Classification of Movements	Dr Mrugnayani	10-11 am	1
20.	24-04-2023	Monday	Classification of Movements	Dr Mrugnayani	02-03 pm	1
21.	25-04-2023	Tuesday	Classification of Movements	Dr Mrugnayani	03-04 pm	1
22.	26-04-2023	Wednesday	Classification of Movements	Dr Mrugnayani	10-11 am	1
23.	27-04-2023	Thursday	Classification of Movements	Dr Mrugnayani	12-01 pm	1
24.	27-04-2023	Thursday	Classification of Movements	Dr Mrugnayani	02-03 pm	1
25.	28-04-2023	Friday	Classification of Movements	Dr Mrugnayani	10-11 am	1
26.	29-04-2023	Saturday	Classification of Movements	Dr Mrugnayani	09-10 am	1
<b>Allotted Lectures</b>						
	Dr Vaibhav	01	Theory :00	Practical: 01		
	Dr Mrugnayani	13	Theory: 00	Practical: 13		
	Dr Doss	12	Theory: 04	Practical: 08		
	<b>Total</b>	<b>26</b>				

*(Signature)*  
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Year: 1<sup>st</sup> BPT

Subject: Fundamentals of KS &KT,  
For the Month of: March 2023

Sr. No	Date	Day	Topic	Staff	Time	Lectures
1.	02-03-2023	Thursday	Mechanics and Application to Human Body	Dr Preeti	02-03 pm	1
2.	04-02-2023	Saturday	Mechanics and Application to Human Body	Dr Preeti	9-10 am	1
3.	06-03-2023	Monday	Mechanics and Application to Human Body	Dr Preeti	02-03 pm	1
4.	08-03-2023	Wednesday	Assessment of Vital Parameters	Dr Vaibhav	10-11 am	1
5.	09-03-2023	Thursday	Assessment of Vital Parameters	Dr Vaibhav	12-01 pm	1
6.	09-03-2023	Thursday	Mechanics and Application to Human Body	Dr Preeti	02-03 pm	1
7.	10-03-2023	Friday	Assessment of Vital Parameters	Dr Vaibhav	10-11 am	1
8.	11-03-2023	Saturday	Mechanics and Application to Human Body	Dr Preeti	09-10 am	1
9.	13-03-2023	Monday	Mechanics and Application to Human Body	Dr Preeti	02-03 pm	1
10.	14-02-2023	Tuesday	Mechanics and Application to Human Body	Dr Preeti	03-04 pm	1
11.	15-02-2023	Wednesday	Assessment of Vital Parameters	Dr Vaibhav	10-11 am	1
12.	16-02-2023	Thursday	Classification of Movements	Dr Mrugnayani	12-01 pm	1
13.	16-02-2023	Thursday	Mechanics and Application to Human Body	Dr Preeti	02-03 pm	1
14.	17-02-2023	Friday	Classification of Movements	Dr Mrugnayani	10-11 am	1
15.	18-02-2023	Saturday	Mechanics and Application to Human Body	Dr Preeti	09-10 am	1
16.	20-02-2023	Monday	Mechanics and Application to Human Body	Dr Preeti	02-03 pm	1
17.	21-02-2023	Tuesday	Mechanics and Application to Human Body	Dr Preeti	03-04 pm	1
18.	23-02-2023	Thursday	Classification of Movements	Dr Mrugnayani	12-01 pm	1
19.	23-02-2023	Thursday	Mechanics and Application to Human Body	Dr Preeti	02-03 pm	1
20.	24-02-2023	Friday	Classification of Movements	Dr Mrugnayani	10-11 am	1
21.	25-02-2023	Saturday	Mechanics and Application to Human Body	Dr Preeti	9-10 am	1
22.	27-02-2023	Monday	Mechanics and Application to Human Body	Dr Preeti	02-03 pm	1
23.	28-02-2023	Tuesday	Mechanics and Application to Human Body	Dr Preeti	03-04 pm	1
24.	29-03-2023	Wednesday	Classification of Movements	Dr Mrugnayani	10-11 am	1
25.	30-03-2023	Thursday	Classification of Movements	Dr Mrugnayani	12-01 pm	1
26.	30-03-2023	Thursday	Mechanics and Application to Human Body	Dr Preeti	02-03 pm	1
27.	31-03-2023	Friday	Classification of Movements	Dr Mrugnayani	10-11 am	1
<b>Allotted Lectures</b>						
	Dr Vaibhav	04	Theory :00	Practical: 04		
	Dr Preeti	16	Theory: 16	Practical: 00		
	Dr Mrugnayani	05	Theory: 07	Practical: 02		
	Total	27				

*[Signature]*  
Subject Incharge

*[Signature]*  
Principal



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**Subject: Fundamentals of KS & KT,  
For the Month of: February 2023**

**Year: 1<sup>st</sup> BPT**

Sr. No	Date	Day	Topic	Staff	Time	Lectures
1.	07-02-2023	Tuesday	Mechanics and Application to Human Body	Dr Mrugnayani	10-11am	1
2.	08-02-2023	Wednesday	Mechanics and Application to Human Body	Dr Mrugnayani	10-11 am	1
3.	08/02/2023	Wednesday	Assessment of Vital Parameters	Dr Vaibhav	12-01 pm	1
4.	09/02/2013	Thursday	Mechanics and Application to Human Body	Dr Mrugnayani	9-10 am	1
5.	10/02/2023	Friday	Mechanics and Application to Human Body	Dr Mrugnayani	10-11 am	1
6.	11-02-2023	Saturday	Mechanics and Application to Human Body	Dr Mrugnayani	9-10 am	1
7.	13-02-2023	Monday	Assessment of Vital Parameters	Dr Vaibhav	9-10 am	1
8.	14-02-2023	Tuesday	Mechanics and Application to Human Body	Dr Mrugnayani	10-11am	1
9.	15-02-2023	Wednesday	Mechanics and Application to Human Body	Dr Mrugnayani	10-11 am	1
10.	15-02-2023	Wednesday	Assessment of Vital Parameters	Dr Vaibhav	12-01 pm	1
11.	16-02-2023	Thursday	Mechanics and Application to Human Body	Dr Mrugnayani	9-10 am	1
12.	17-02-2023	Friday	Assessment of Vital Parameters	Dr Vaibhav	10-11 am	1
13.	18-02-2023	Saturday	Mechanics and Application to Human Body	Dr Mrugnayani	9-10 am	1
14.	20-02-2023	Monday	Assessment of Vital Parameters	Dr Vaibhav	9-10 am	1
15.	21-02-2023	Tuesday	Mechanics and Application to Human Body	Dr Mrugnayani	10-11am	1
16.	22-02-2023	Wednesday	Mechanics and Application to Human Body	Dr Mrugnayani	10-11 am	1
17.	22-02-2023	Wednesday	Assessment of Vital Parameters	Dr Vaibhav	12-01 pm	1
18.	23-02-2023	Thursday	Mechanics and Application to Human Body	Dr Mrugnayani	9-10 am	1
19.	24-02-2023	Friday	Assessment of Vital Parameters	Dr Vaibhav	10-11 am	1
20.	25-02-2023	Saturday	Mechanics and Application to Human Body	Dr Mrugnayani	9-10 am	1
21.	27-02-2023	Monday	Assessment of Vital Parameters	Dr Vaibhav	9-10 am	1
22.	28-02-2023	Tuesday	Mechanics and Application to Human Body	Dr Mrugnayani	10-11am	1
<b>Allotted Lectures</b>						
	Dr Vaibhav	08	Theory :03	Practical: 05		
	Dr Mrugnayani	14	Theory: 14	Practical: 00		
	<b>Total</b>	<b>22</b>				

Subject Incharge

*[Signature]*  
06/02/23



Principal

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**Subject: Fundamentals of KS & KT,  
For the Month of: December 2022**

**Year: 1<sup>st</sup> BPT**

Sr. No	Date	Day	Topic	Staff	Time	Lectures
1	22-12-2022	Thursday	Yoga	Dr Sheetal	3-4 pm	1
2	23-12-2022	Friday	Yoga	Dr Sheetal	3-4 pm	1
3	24-12-2022	Saturday	Yoga	Dr Sheetal	9-10 am	1
4	26-12-2022	Monday	Yoga	Dr Sheetal	3-4 pm	1
5	27-12-2022	Tuesday	Yoga	Dr Sheetal	3-4 pm	1
6	28-12-2022	Wednesday	Yoga	Dr Sheetal	3-4 pm	1
7	29-12-2022	Thursday	Yoga	Dr Sheetal	3-4 pm	1
8	30-12-2022	Friday	Yoga	Dr Sheetal	3-4 pm	1
9	31-12-2022	Saturday	Yoga	Dr Sheetal	9-10 am	1
<b>Allotted Lectures</b>						
					<b>Total</b>	<b>09</b>
				Dr Sheetal	09	

Subject Incharge

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Subject: Fundamentals of KS & KT,  
For the Month of: November 2022

Year: 1<sup>st</sup> BPT

Sr. No	Date	Day	Topic	Staff	Time	Lectures
1	02-11-2022	Wednesday	Suspension therapy (P)	Dr Santosh	10-11 am	1
2	02-11-2022	Wednesday	Suspension therapy (P)	Dr Santosh	12-01 pm	1
3	03-11-2022	Thursday	Suspension therapy (P)	Dr Santosh	9-10 am	1
4	04-11-2022	Friday	Massage	Dr Sheetal	10-11 am	1
5	05-11-2022	Saturday	Massage	Dr Sheetal	9-10 am	1
6	07-11-2022	Monday	Massage	Dr Sheetal	9-10 am	1
7	08-11-2022	Tuesday	Massage	Dr Sheetal	10-11 am	1
8	09-11-2022	Wednesday	Massage	Dr Sheetal	10-11 am	1
9	09-11-2022	Wednesday	Massage	Dr Sheetal	12-01 pm	1
10	10-11-2022	Thursday	Massage	Dr Sheetal	9-10 am	1
11	11-11-2022	Friday	Massage	Dr Sheetal	10-11 am	1
12	12-11-2022	Saturday	Massage	Dr Sheetal	9-10 am	1
13	14-11-2022	Monday	Massage	Dr Sheetal	9-10 am	1
14	15-11-2022	Tuesday	Massage	Dr Sheetal	10-11 am	1
15	16-11-2022	Wednesday	Massage	Dr Sheetal	10-11 am	1
16	16-11-2022	Wednesday	Massage	Dr Sheetal	12-01 pm	1
17	17-11-2022	Thursday	Therapeutic Gymnasium	Dr Sheetal	9-10 am	1
18	18-11-2022	Friday	Therapeutic Gymnasium	Dr Sheetal	10-11 am	1
19	19-11-2022	Saturday	Therapeutic Gymnasium	Dr Sheetal	9-10 am	1
20	21-11-2022	Monday	Therapeutic Gymnasium	Dr Sheetal	9-10 am	1
21	22-11-2022	Tuesday	Therapeutic Gymnasium	Dr Sheetal	10-11 am	1
22	23-11-2022	Wednesday	Therapeutic Gymnasium	Dr Sheetal	10-11 am	1
23	23-11-2022	Wednesday	Therapeutic Gymnasium	Dr Sheetal	12-01 pm	1
24	24-11-2022	Thursday	Therapeutic Gymnasium	Dr Sheetal	9-10 am	1
25	25-11-2022	Friday	Therapeutic Gymnasium	Dr Sheetal	10-11 am	1
26	26-11-2022	Saturday	Therapeutic Gymnasium	Dr Sheetal	9-10 am	1
27	28-11-2022	Monday	Yoga	Dr Sheetal	9-10 am	1
28	29-11-2022	Tuesday	Yoga	Dr Sheetal	10-11 am	1
29	30-11-2022	Wednesday	Yoga	Dr Sheetal	10-11 am	1
30	30-11-2022	Wednesday	Yoga	Dr Sheetal	12-01 pm	1
<b>Allotted Lectures</b>						
			Dr Santosh	03	<b>Total</b>	30
			Dr Sheetal	27		



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**Subject: Fundamentals of KS & KT,  
For the Month of: October 2022**

**Year: 1<sup>st</sup> BPT**

Sr. No	Date	Day	Topic	Staff	Time	Lectures
1	01/10/2022	Saturday	Goniometer (U/L)	Dr Doss	9-10 am	1
2	03-09-2022	Monday	Goniometer (U/L)	Dr Doss	9-10 am	1
3	04-08-2022	Tuesday	Goniometer (U/L)	Dr Doss	10-11am	1
4	06-10-2022	Thursday	Goniometer (U/L)	Dr Doss	9-10 am	1
5	07-10-2022	Friday	Goniometer (U/L)	Dr Doss	9-10 am	1
6	08-10-2022	Saturday	Goniometer (L/L)	Dr Doss	10-11am	1
7	10-10-2022	Monday	Goniometer (L/L)	Dr Doss	9-10 am	1
8	11-10-2022	Tuesday	Goniometer (L/L)	Dr Doss	10-11am	1
9	12-10-2022	Wednesday	Goniometer (L/L)	Dr Doss	10-11 am	1
10	12-10-2022	Wednesday	Goniometer (L/L)	Dr Doss	12-01 pm	1
11	13-10-2022	Thursday	Goniometer (L/L)	Dr Doss	9-10 am	1
12	14-10-2022	Friday	Goniometer (L/L)	Dr Doss	10-11 am	1
13	15-10-2022	Saturday	Goniometer (L/L)	Dr Doss	9-10 am	1
14	17-10-2022	Monday	Suspension therapy (P)	Dr Santosh	9-10 am	1
15	18-10-2022	Tuesday	Suspension therapy (P)	Dr Santosh	10-11am	1
16	19-10-2022	Wednesday	Suspension therapy (P)	Dr Santosh	10-11 am	1
17	19-10-2022	Wednesday	Starting Position (P)	Dr Mrugnayani	12-01 pm	1
18	20-10-2022	Thursday	Suspension therapy (P)	Dr Santosh	9-10 am	1
19	21-10-2022	Friday	Starting Position (P)	Dr Mrugnayani	10-11 am	1
20	22-10-2022	Saturday	Suspension therapy (P)	Dr Santosh	9-10 am	1
21	27-10-2022	Thursday	Starting Position (P)	Dr Mrugnayani	9-10 am	1
22	28-10-2022	Friday	Suspension therapy (P)	Dr Santosh	10-11 am	1
23	29-10-2022	Saturday	Suspension therapy (P)	Dr Santosh	9-10 am	1
24	31-10-2022	Monday	Suspension therapy (P)	Dr Santosh	9-10 am	1
<b>Allotted Lectures</b>						
			Dr Santosh	08	<b>Total</b>	24
			Dr Doss	13		
			Dr Mrugnayani	03		

Subject Incharge

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For the Month of: September 2022**

**Year: 1<sup>st</sup> BPT**

Sr. No	Date	Day	Topic	Staff	Time	Lectures
1.	05-09-2022	Monday	Aerobic Exercises (P)	Dr Mrugnayani	9-10 am	1
2.	06-08-2022	Tuesday	Aerobic Exercises (P)	Dr Mrugnayani	10-11am	1
3.	07-08-2022	Wednesday	Starting Position	Dr Mrugnayani	10-11 am	1
4.	07-08-2022	Wednesday	Suspension therapy	Dr Santosh	12-01 pm	1
5.	08-09-2022	Thursday	Starting Position	Dr Mrugnayani	9-10 am	1
6.	12-08-2022	Monday	Suspension therapy	Dr Santosh	9-10 am	1
7.	13-08-2022	Tuesday	Suspension therapy	Dr Santosh	10-11am	1
8.	14-08-2022	Wednesday	Suspension therapy (P)	Dr Santosh	10-11 am	1
9.	14-08-2022	Wednesday	Starting Position	Dr Mrugnayani	12-01 pm	1
10.	15-08-2022	Thursday	Starting Position	Dr Mrugnayani	9-10 am	1
11.	16-08-2022	Friday	Suspension therapy (P)	Dr Santosh	10-11 am	1
12.	17-08-2022	Saturday	Starting Position (P)	Dr Mrugnayani	9-10 am	1
13.	19-09-2022	Monday	Suspension therapy (P)	Dr Santosh	9-10 am	1
14.	20-09-2022	Tuesday	Starting Position (P)	Dr Mrugnayani	10-11am	1
15.	21-09-2022	Wednesday	Suspension therapy (P)	Dr Santosh	10-11 am	1
16.	21-09-2022	Wednesday	Starting Position (P)	Dr Mrugnayani	12-01 pm	1
17.	22-09-2022	Thursday	Suspension therapy (P)	Dr Santosh	9-10 am	1
18.	23-09-2022	Friday	Starting Position (P)	Dr Mrugnayani	10-11 am	1
19.	24-09-2022	Saturday	Suspension therapy (P)	Dr Santosh	9-10 am	1
20.	28-09-2022	Wednesday	Suspension therapy (P)	Dr Santosh	10-11 am	1
21.	28-09-2022	Wednesday	Starting Position (P)	Dr Mrugnayani	12-01 pm	1
22.	29-09-2022	Thursday	Suspension therapy (P)	Dr Santosh	9-10 am	1
23.	30-09-2022	Friday	Starting Position (P)	Dr Mrugnayani	10-11 am	1
<b>Allotted Lectures</b>						
			Dr Santosh	11	<b>Total</b>	23
			Dr Mrugnayani	12		

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Sr. No	Date	Day	Topic	Staff	Time	Lectures
	01-08-2022	Monday	Classification of Movement (Practical)	Dr Mrugnayani	9-10 am	1
	02-08-2022	Tuesday	Classification of Movement (Practical)	Dr Mrugnayani	10-11am	1
	03-08-2022	Wednesday	Classification of Movement (Practical)	Dr Mrugnayani	10-11 am	1
	03-08-2022	Wednesday	Relaxation (Practical)	Dr Sheetal	12-01 pm	1
	04-08-2022	Thursday	Relaxation (Practical)	Dr Sheetal	9-10 am	1
	05-08-2022	Friday	Classification of Movement (Practical)	Dr Mrugnayani	10-11 am	1
	06-08-2022	Saturday	Classification of Movement (Practical)	Dr Mrugnayani	9-10 am	1
	08-08-2022	Monday	Goniometry	Dr Doss	9-10 am	1
	09-08-2022	Tuesday	Goniometry	Dr Doss	10-11am	1

1.						
2.	10-08-2022	Wednesday	Goniometry	Dr Doss	10-11 am	1
3.	10-08-2022	Wednesday	Goniometry U/L (Practical)	Dr Doss	12-01 pm	1
4.	11-08-2022	Thursday	Goniometry U/L (Practical)	Dr Doss	9-10 am	1
5.	12-08-2022	Friday	Goniometry U/L (Practical)	Dr Doss	10-11 am	1
6.	13-08-2022	Saturday	Goniometry U/L (Practical)	Dr Doss	9-10 am	1
<b>Allotted Lectures</b>						
			Dr Doss	07	Total	14
			Dr Sheetal	02		
			Dr Mrugnayani	05		



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AURANGABAD**

**Monthly lesson plan**

Doc No.	DC/MGM/PT/01/2019
Issue No.	1
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**Subject: Fundamentals of KS & KT, Year: 1<sup>st</sup> BPT  
For the Month of: July 2022**

Sr. No	Date	Day	Topic	Staff	Time	Lectures
1.	01-07-2022	Friday	Classification of Movement	Dr Mrugnayani	10-11 am	1
2.	02-07-2022	Saturday	Classification of Movement	Dr Mrugnayani	9-10 am	1
3.	04-07-2022	Monday	Classification of Movement	Dr Mrugnayani	9-10 am	1
4.	05-07-2022	Tuesday	Classification of Movement	Dr Mrugnayani	10-11am	1
5.	06-07-2022	Wednesday	Classification of Movement	Dr Mrugnayani	10-11 am	1
6.	06-07-2022	Wednesday	Assessment of Vital Parameters	Dr Abhishek	12-01 pm	1
7.	07-07-2022	Thursday	Aerobic Conditioning	Dr Mrugnayani	9-10 am	1
8.	08-07-2022	Friday	Aerobic Conditioning	Dr Mrugnayani	10-11 am	1
9.	09-07-2022	Saturday	Aerobic Conditioning	Dr Mrugnayani	9-10 am	1
10.	11-07-2022	Monday	Assessment of Vital Parameters	Dr Abhishek	9-10 am	1
11.	12-07-2022	Tuesday	Aerobic Conditioning	Dr Mrugnayani	10-11am	1
12.	13-07-2022	Wednesday	Assessment of Vital Parameters	Dr Abhishek	10-11 am	1
13.	13-07-2022	Wednesday	Aerobic Conditioning	Dr Mrugnayani	12-01 pm	1
14.	14-07-2022	Thursday	Assessment of Vital Parameters	Dr Abhishek	9-10 am	1
15.	15-07-2022	Friday	Goniometry	Dr Doss	10-11 am	1
16.	16/07/2022	Saturday	Goniometry	Dr Doss	9-10 am	1
17.	18/07/2022	Monday	Goniometry	Dr Doss	9-10 am	1
18.	19/07/2022	Tuesday	Goniometry	Dr Doss	10-11am	1
19.	20/07/2022	Wednesday	Goniometry	Dr Doss	10-11 am	1
20.	20/07/2022	Wednesday	Goniometry U/L	Dr Doss	12-01 pm	1
21.	21/07/2022	Thursday	Goniometry U/L	Dr Doss	09-10 am	1
22.	22/07/2022	Friday	Goniometry U/L	Dr Doss	10-11 am	1
23.	23/07/2022	Saturday	Goniometry U/L	Dr Doss	9-10 am	1
24.	25/07/2022	Monday	Goniometry U/L	Dr Doss	9-10 am	1
25.	26/07/2022	Tuesday	Goniometry U/L	Dr Doss	10-11am	1
26.	27/07/2022	Wednesday	Goniometry U/L	Dr Doss	10-11 am	1
27.	29/07/2022	Wednesday	Goniometry U/L	Dr Doss	12-01 pm	1
28.	30/07/2022	Thursday	Goniometry U/L	Dr Doss	9-10 am	1
<b>Allotted Lectures</b>						
			Dr abhishek	04	Dr Doss	14
			Dr Mrugnayani	10		

Subject Incharge

Principal



**MGM'S INSTITUTE OF PHYSIOTHERAPY  
AURANGABAD**

**Monthly lesson plan**

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**Subject: Fundamentals of KS & KT, Year: 1<sup>st</sup> BPT  
For the Month of: June 2022**

Sr. No	Date	Day	Topic	Staff	Time	Lectures
1.	01/06/2022	Wednesday	Mechanics of Basic Biomechanics	Dr Mrugnayani	10-11 am	1
2.	01/06/2022	Wednesday	Muscle Mechanics	Dr Mrugnayani	12-01 pm	1
3.	02-06-2022	Thursday	Muscle Mechanics	Dr Mrugnayani	09-10 am	1
4.	03-06-2022	Friday	Muscle Mechanics	Dr Mrugnayani	10-11 am	1
5.	04-06-2022	Saturday	Muscle Mechanics	Dr Mrugnayani	9-10 am	1
6.	06-06-2022	Monday	Muscle Mechanics	Dr Mrugnayani	9-10 am	1
7.	07-06-2022	Tuesday	Classification of Movement	Dr Mrugnayani	10-11am	1
8.	08-06-2022	Wednesday	Relaxation	Dr Sheetal	10-11 am	1
9.	08-06-2022	Wednesday	Relaxation	Dr Sheetal	12-01 pm	1
10.	09-06-2022	Thursday	Classification of Movement	Dr Mrugnayani	9-10 am	1
11.	10-06-2022	Friday	Classification of Movement	Dr Mrugnayani	10-11 am	1
12.	11-06-2022	Saturday	Classification of Movement	Dr Mrugnayani	9-10 am	1
13.	13-06-2022	Monday	Classification of Movement	Dr Mrugnayani	9-10 am	1
14.	14-06-2022	Tuesday	Relaxation	Dr Sheetal	10-11am	1
15.	15-06-2022	Wednesday	Relaxation	Dr Sheetal	10-11 am	1
16.	15-06-2022	Wednesday	Relaxation	Dr Sheetal	12-01 pm	1
17.	16-06-2022	Thursday	Classification of Movement	Dr Mrugnayani	9-10 am	1
18.	17-06-2022	Friday	Classification of Movement	Dr Mrugnayani	10-11 am	1
19.	18/06/2022	Saturday	Classification of Movement	Dr Mrugnayani	9-10 am	1
20.	20/06/2022	Monday	Classification of Movement	Dr Mrugnayani	9-10 am	1
21.	21/06/2022	Tuesday	Relaxation	Dr Sheetal	10-11am	1
22.	22/06/2022	Wednesday	Relaxation	Dr Sheetal	10-11 am	1
23.	22/06/2022	Wednesday	Relaxation	Dr Sheetal	12-01 pm	1
24.	23/06/2022	Thursday	Classification of Movement	Dr Mrugnayani	09-10 am	1
25.	24/06/2022	Friday	Classification of Movement	Dr Mrugnayani	10-11 am	1
26.	25/06/2022	Saturday	Classification of Movement	Dr Mrugnayani	9-10 am	1
27.	27/06/2022	Monday	Classification of Movement	Dr Mrugnayani	9-10 am	1
28.	28/06/2022	Tuesday	Relaxation	Dr Sheetal	10-11am	1
29.	29/06/2022	Wednesday	Relaxation	Dr Sheetal	10-11 am	1
30.	29/06/2022	Wednesday	Classification of Movement	Dr Mrugnayani	12-01 pm	1
31.	30/06/2022	Thursday	Classification of Movement	Dr Mrugnayani	9-10 am	1
<b>Allotted Lectures</b>						
			Dr Sheetal	10		
			Dr Mrugnayani	21		

Subject Incharge

Principal